

# COUNSELORS' CORNER

Quarterly Newsletter of the Oakbrook Middle School Counseling Department

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### Counselor Contact Information

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## November is National Career Development Month!!

Each November, the National Career Development Association takes time to recognize the importance of career development at all ages. You can also participate in the 56th annual NCDA Poetry and Art Competition. The theme is "Making Connections and Increasing Access to Impact the Global Labor Market." Please see the last page for more details.

## Spotlight on College and Careers

This quarter, we are focusing on the **Military & Humanities & Social Science**. Career clusters in this area include: Government and Public Administration; Hospitality and Tourism; Human Services; Law, Public Safety, Corrections and Security

We will also how to become and stay gainfully employed during this quarter.





## Counselor Profile: Odell Reuben

My name is Odell Reuben, and this is my 4th year as a School Counselor. I have my Bachelor's degree in Business Administration from Winthrop University and my Master's degree in School Counseling from South Carolina State University. This is my 2nd year being a part of the Oakbrook Middle School family. My favorite part of being a School Counselor is helping students learn and grow as people while they are in our care. My hobbies include spending time with my family, watching sports and historical documentaries, and shopping for sneakers. I am excited to engage with our 6th Graders to help them get acclimated to the middle school environment. My door and email is always open!



## Character Counts!!

Each quarter, we are focus on different character traits. For the 2nd quarter, we will focus on **Honesty, Compassion and Self-Discipline**.

According to PBS Kids, **Compassion** means we care about others, treat them with kindness, and feel a strong desire to help people in need. Compassion is empathy in action. Compassion might look like giving a hug, making a card, or saying something kind to help a friend or family member who is feeling sad or upset. Talking Tree Books states that, **Honesty** is being truthful in what you say and do. You do this by: telling the truth based on what actually happened, based on facts and real things, telling the whole truth, and not leaving out parts in order to hide something you know is wrong, and by acting in a way that is truthful and doesn't hide the truth or trick others, **Self-discipline** is the ability of students to monitor and control their own behaviors. MVOrganizing.com says that students who are highly self-disciplined may be able to better focus on long-term goals and make better choices related to academic engagement.



**SELF**  
discipline

## Classroom Guidance at Oakbrook Middle School

6th grade classes: Mr. Reuben will present classroom guidance lessons on Erin's Law and Self-Awareness

7th grade classes: Ms. Jamison will present lessons on Healthy Relationships.

8th grade classes will receive a lesson on Career Development and Graduation Requirements.

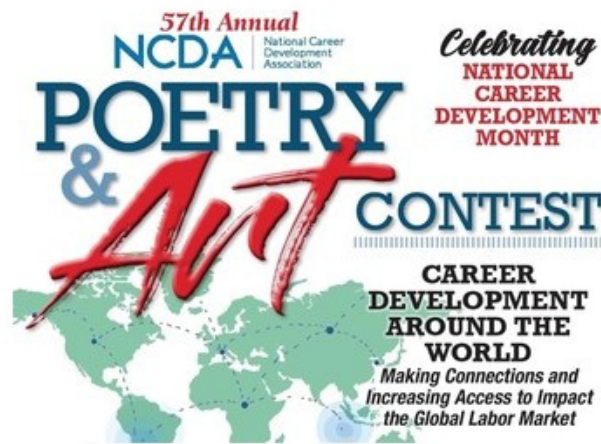
## Upcoming Events!!

**October 25, 2022** - Parent Engagement Night - Preparing for High School

**November 2022** - **FOR 8th GRADE ONLY!!** - IGP/High school registration begins.

Details for upcoming events will be available soon.





## NCDA Poetry and Art Contest

The contest theme is

**“The Future of Work: The Role of Artificial Intelligence and Automation”**

The South Carolina Career Development Association (SCCDA) will be coordinating the South Carolina Poetry and Art Contest. Check out submission guidelines, deadlines, and our FAQ below. Contact Ms. Glasscho at [cglasscho@dorchester2.k12.sc.us](mailto:cglasscho@dorchester2.k12.sc.us) if you have any questions.

### Entry Form and Submissions Guidelines

**Poetic Form:** Acceptable poetic forms, e.g. cinquain, free verse, diamante, haiku, limerick, metered, rhyming, blank verse.

Submit each poem on a single sheet of paper 8.5" x 11" in 12 point font.

**Art Category 1 (C1):** Standard use of ink, pencil, poster paints, magic marker, acrylics, and oils. Each poster must be created in 8.5" x 11" format, including matte, to be eligible.

**Art Category 2 (C2):** Use of photos, clipart, graphic art software, collage, cut and pasted paper, and mixed media. Each poster must be created in 8.5" x 11" format, including matte, to be eligible.

**All entries must be submitted to Ms. Glasscho by  
Wednesday, November 30, 2022**